



Parent and Me Movement Class

Spring 2024

Parent and Me is a developmental class focusing on parent/caregiver and child participation.

The parent/caregiver plays an integral part in class by providing comfort and modeling participation. Along with the instructor, adult and child will follow along with the instruction of the class. Students will learn creative movement ballet steps (pliés, tendus, arm waves, partner sautés, prop work (eg peak a-boo with scarves), Locomotion – Fairy runs (with fairy wings), marches (with wands) etc.

Who

**Kids ages 2-4 with
parent or caregiver**

Where

**VCC ANNEX BUILDING
880 Bloomfield Ave.**

When

Thursdays - 10:00-10:45 AM

APRIL: 11, 18, 25

MAY: 2, 9, 16, 23, 30

Register

***Registration begins March 15
at 10:00AM***

Online at www.veronanj.org

***FEE
\$75.00***

